

Caregiver precautions for multidrug-resistant organisms

多重抗藥性菌株照顧者注意事項

【英文版】



一、What are multidrug-resistant organisms (MDRO)?

Multidrug-resistant organisms (MDRO) are various common pathogenic bacteria (including *Staphylococcus aureus*, *Acinetobacter baumannii*, *Pseudomonas aeruginosa*, and *Enterococci*, etc.) that have developed resistance to originally effective antibiotics through various processes.

二、Route of infection

Pathogenic bacteria are transmitted through contact to patient's body fluids, secretions, sputum, skin, bed and settings, but further spread of the bacteria may be prevented by measures such as hand-washing and wearing gloves.

三、Caregiver precautions

1. Precautions shall be clearly explained upon caregiver changes.
2. Please don't worry, the patient has been under treatment.

3. Please make sure to wash hands using soap or alcohol-based hand sanitizer before and after contact of the patient.



4. In changing wound dressings, changing diapers or performing sputum suction, the caregiver shall wear a mask and gloves to avoid contact of patient's body fluids, secretions and sputum, immediately washing hands after completion.



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5. After hand washing, rinse the **faucet handles** using water at the same time to prevent the **cleaned hands** from being contaminated again.



Proper hand-washing steps: do it as this

- Inside 1. Palms
- Outside 2. Back of both hands
- Interface 3. Between fingers
- Interlock 4. Back of fingers
- Thumbs 5. Rub thumbs
- Fingertips 6. Rub fingertips
- Wrists 7. Rub wrists, completed.

【 Considerate Reminder 】

To minimize cross infection, clothing shall be prepared by caregivers (family) and brought home for cleaning.

Self-assessment (True or false)

- () 1. What are multidrug-resistant organisms (MDRO): are common pathogenic bacteria that have developed resistance to originally effective antibiotics.
- () 2. Further spread of the bacteria may be prevented by measures such as hand-washing and wearing gloves.
- () 3. In changing wound dressings, changing diapers or performing sputum suction, the caregiver does not have to wear a mask and gloves.

Item	1	2	3
Answer	○ True	○ True	× False

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