

(4). Take a piece of gauze so as not to touch the center of the gauze, fold it in half and place it between the catheter and the skin.

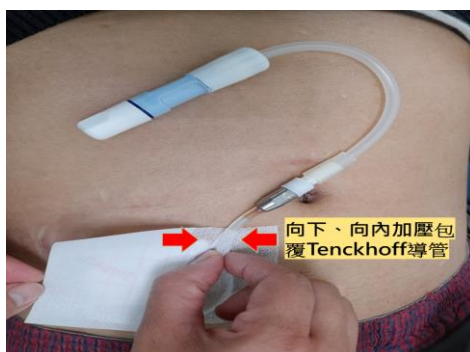


stabilize the tube, and wash your hands.



Please write down your question:

(5). Take another piece of gauze, do not touch the center of the gauze, cover the exit site to above, fixed the catheter into a “U” shape, and then use the adhesive tape to press down and inward, **and use the “Ω” shape fixation method to closely adhere to the skin Glue the catheter.**



Self-assessment (true or false)

()1. The **exit site** needs to be replaced daily. If there is redness and swelling, buy the ointment and apply it at home.

()2. Use disinfectants every day to buy a little more inventory.

()3. Do a good job of catheter fixation to avoid granulation tissue or inflammation.

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關心您~

Question Number:	1	2	3
Answer:	×	×	0

Peritoneal Dialysis Catheter Exit Site Care

腹膜透析導管出口照護

【英文版】



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(6). Finally, use the fixation binder to

一. Introduction :

Daily assessment and performance of catheter outlet care is the most important way to maintain a healthy catheter. Infection prevention and catheter fixation to avoid catheter pull and improve catheter survival.

二. Exit site

Exit site is the peritoneal dialysis catheter exposed on the body surface. There may be a small amount of bleeding or fluid after the initial implant procedure, These conditions will gradually improve over time.

三. How to Care for the Exit site

Perform daily exit care at home. If there is redness, swelling, heat, pain, bleeding or discharge at the exit, increase the number of dressing changes and go back to the hospital immediately.

四. Long-Term Care for the Peritoneal Dialysis Catheter

(一) Patient education :

(1). Antiseptic (beta-iodine, saline, Aqua Easy Antiseptic Solution

2%), pay attention to expiration dates or avoid buying large bottles.

(2). If there is scab at the exit, do not remove it forcefully, soften it with normal saline.

(3). If the exit is bleeding or wet, the dressing should be changed immediately.

(二) Principles of care :

Perform daily dressing changes at the exit, and check the tunnel and exit for redness, swelling, heat, pain, bleeding or discharge. Also, change clean clothes daily.

(三) Catheter fixation and care:

- (1). Keep Exit site dry.
- (2). Maintain catheter fixation and avoid catheter pulling or twisting.
- (3). Do not compress the exit site, avoid belts or pants on the exit site, which may cause granulation.
- (4). Never use scissors or other sharp objects near the catheter to prevent catheter rupture.



(5). Do not use chemical cleaning agents for exit site care, (eg. alcohol, bleach) can easily cause skin irritation and may damage the catheter material.

(6). Use of ointment or lotion at the exit site prescribed by a physician.

五、Care

(一) Prepare the Materials:
beta-Iodine 、**(Aqua Easy Antiseptic Solution 2%)** 、normal saline solution 、cotton 、gauze 、 tape.



(二) Steps

(1) First, turn off the air conditioner or doors and windows, wear a mask, wash your hands, remove the gauze, then check the exit site wound and

tunnel .



(2). Use Antiseptic (beta-iodine 、saline, Aqua Easy Antiseptic Solution 2%) to wipe from inside to outside of the exit site , avoid wiping back and forth, and let it dry naturally for disinfection.



(3). Use normal saline solution to wipe from the inside to the outside, and use cotton to repeat the same wiping method. (The second course of normal saline can be omitted when using Aqua Easy Antiseptic Solution 2%)